

Day by Day

Verse 1

Day by day and with each passing moment,
Strength I find to meet my trials here;
Trusting in my Father's wise bestowment,
I've no cause for worry or for fear.
He whose heart is kind beyond all measure,
Gives unto each day what He deems best,
Lovingly, its part of pain and pleasure,
Mingling toil with peace and rest.

about this hymn:

Words: Caroline V. Sandeel-Berg Music: Oscar Ahnfelts

Long ago, a woman named Caroline Sandell-Berg was thinking about this Bible truth, too. She wrote the words to a hymn called "Day by Day." We're going to learn a verse from it.

God's people can testify to God's faithfulness to take care of them, helping them and allowing only what is for their good and God's glory, every hour of every day. He gives them strength to go through whatever trials (hard times) they must go through in their life. They may not like them. They may even wish they didn't have to go through them. But, they know that the LORD is wise and powerful. And, if He has allowed them, then they are part of His wise bestowment (His perfectly good choices, even gifts) to them. They do not have to worry or fear. They can trust in their Heavenly Father who loves them so much. He is faithful to give them all they need in life, through all of life--the pleasure of each day and the pain of each day. Both peace and rest, and even one day. Perfect peace and rest with Him in heaven, forever.



Day
Left arm, palm down, faces right with index finger extended and touching elbow of right arm, which points up with index finger extended up. Right arm is then pivoted down in an arc until it rests just above left elbow.



Strength
Both "S" hands, palms facing body, are thrust forward and up in unison.



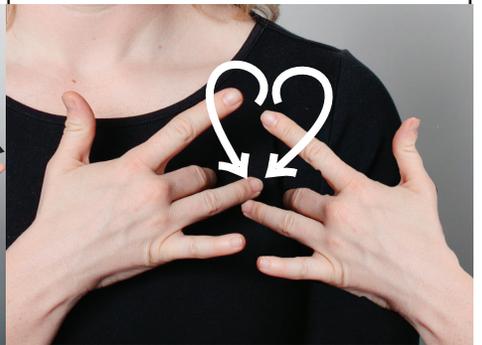
Trials
Thumb of right "A" hand is pivoted back and forth on chin.



Father's
Tap thumb of right "5" hand on forehead a few times.



Worry
"5" hands, palms facing inward and middle fingers bend forward, alternate moving towards and away from chest several times.



Heart
Middle fingers are used to traced out the shape of a heart on upper left chest.



Loving
Fists are crossed on chest, palms facing body.



Pleasure
Make a circle over your heart with flat right hand.



Peace
Place right flat hand on the left flat hand at chest level, then reverse, putting the left on the right. Then move both flat hands down and out to each side.

Incline Your Ear, O LORD

Incline your ear, O LORD, And answer me,
For I am poor and needy.
Turn to me and be gracious to me;
Give your strength to your servant.

Refrain:

You, O Lord, are a God, merciful,
Merciful and gracious,
Slow to anger, abounding in love,
Steadfast love and faithfulness.
You're a God, merciful.

Merciful, Gracious, Slow to anger,
Abounding in steadfast love and faithfulness. *Refrain*

Psalm Eighty-six, one, fifteen and sixteen.

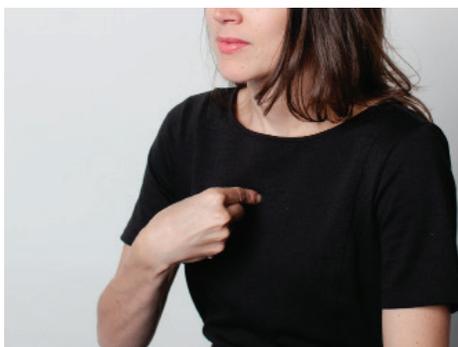
about this Bible verse:

Words: adapted from Psalm 86:1,15,16, ESV Music: Constance Dever ©2014

This verse reminds us that the Lord is always faithful to His people. He is merciful and gracious to them. He is slow to anger and abounding in love that never ends. Even when they are unfaithful to Him and deserving of punishment rather than kindness, the Lord goes on being faithful to them. How amazing is the Lord!

Incline Your Ear, O LORD: Psalm 86:1,15 ESV

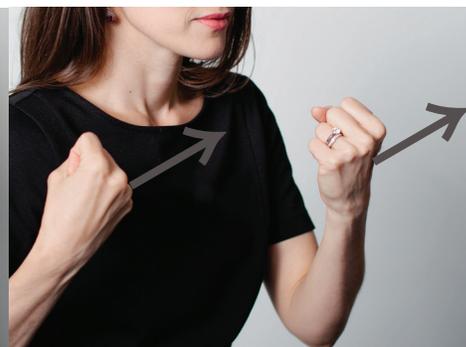
PFI ESV Songs 4, Track 33



Me, I
Point to self with right index finger.



LORD, Lord
Thumb of right "L" hand, palm facing left. touches left shoulder, then is brought down to touch right hip.



Strength
Both "S" hands, palms facing body, are thrust forward and up in unison.



Merciful
Right flat hand, palm facing body, starts over heart, then circles around the left flat hand, also palm facing body, which is held a short distance from chest.



Gracious
Begin with fingertips of right hand touching, palm facing forward. Twist wrist around, bringing hand down and palm facing body, while at the same time opening up the fingers and flattening the hand.



Anger
Fingertips of curved hands are placed on abdomen and drawn up chest forcefully in slight inward arcs.



Abounding
Start with flat right hand on top of left S hand. Move right hand over and down thumb side of left S hand.



Love
Fists are crossed on chest, palms facing body.



Faithfulness
Right index finger touches forehead. Then, right "F" hand, palm facing in, hits left "F" hand, palm facing in, in a down-up-down motion, ending with right thumb- index finger resting on left thumb-index finger.

But You, O LORD

But you, O LORD, are a God, merciful and gracious,
Slow to anger, abounding in steadfast love,
But you, O LORD, are a God, merciful and gracious,
Slow to anger, abounding in faithfulness.
Yes, you are a merciful God,
Gracious, slow to anger,
Abounding in steadfast love, in faithfulness.
Psalm Eighty-six, fifteen.

about this Bible verse:

Words: adapted from Psalm 86:15, ESV Music: Constance Dever ©2011

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But You, O LORD Psalm 86:15, ESV

PFI ESV Songs 4, Track 34



You
Right open hand moves up a short ways from shoulder height.



Lord
Thumb of right "L" hand, palm facing left. touches left shoulder, then is brought down to touch right hip.



God
Right open hand, palm facing left, is held up above head level then brought down and back in a slight arc, ending with a "B" hand at the upper chest level.



Merciful
Right flat hand, palm facing body, starts over heart, then circles around the left flat hand, also palm facing body, which is held a short distance from chest.



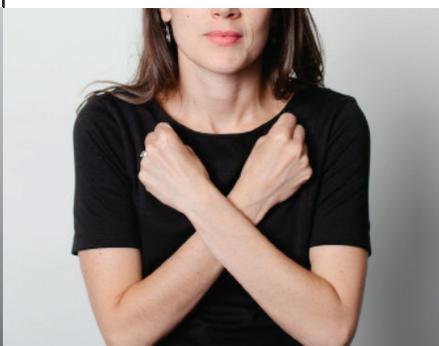
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Faithful, He Is Faithful

Faithful, He is faithful,
The LORD is faithful in all his words,
Kind, He is kind,
The LORD is kind in all of his works.

The LORD is near to all,
To all who call on him in truth.
He fulfills the desire of those who fear him;
He hears their cry and saves them.

Faithful, He is faithful,
The LORD is faithful in all his words,
Kind, He is kind,
The LORD is kind in all of his works.
Psalm One-forty-five, thirteen through nineteen.

about this Bible verse:

Words: adapted from Psalm 145:13,18-19, ESV Music: Constance Dever ©2011

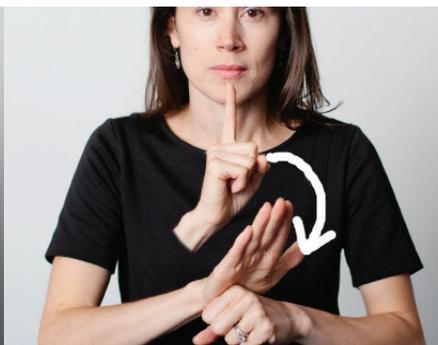
God's people are the people who fear Him. That is, those who know He is God and desire to love and obey Him with their whole lives. They know He promises to fulfill their desires with good things, that He hears their cries and will always save them. This is because they know that the LORD is always, completely faithful to all His promises.

Faithful, He Is Faithful: Psalm 145:13,18,19 ESV

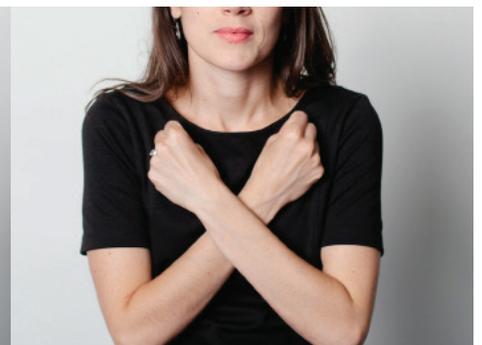
PFI ESV Songs 4, Track 35



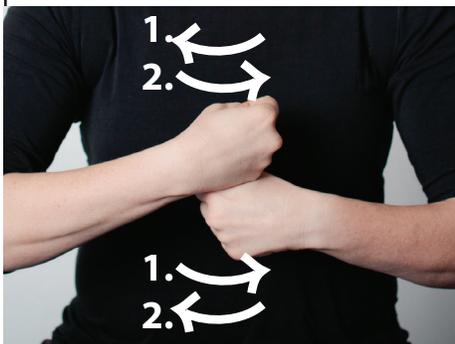
Faithful
 Right index finger touches forehead. Then, right "F" hand, palm facing in, hits left "F" hand, palm facing in, in a down-up-down motion, ending with right thumb-index finger resting on left thumb-index finger.



Promises
 Touch lips with right index finger; then move flat right hand down and slap it against the thumb and index finger side of the closed left hand.



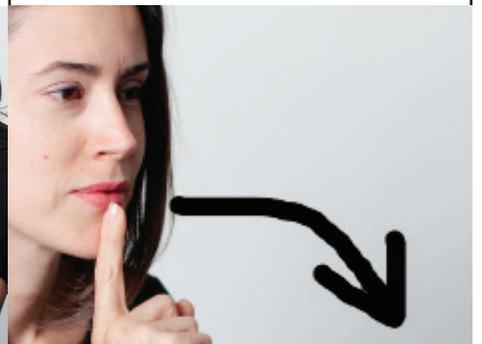
Loving
 Fists are crossed on chest, palms facing body.



Works
 Pinky side of right "S" hand rests on top of thumb side of left "S" hand, palms facing in. Hands are pivoted in opposite directions several times, striking each other gently after each twist.



All
 Left flat hand rests on back of right flat hand. Right flat hand is then brought up and around left hand and pivots so that back of right hand rests in left palm.



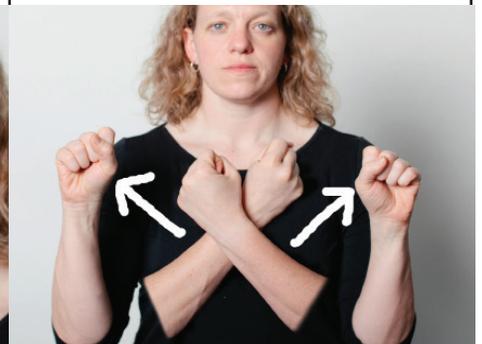
Truth
 Place the right index finger, palm facing left, on lower lip. Move the finger up and then out, making an arc.



Desires
 Both upturned "5" hands are held side by side in front of chest. Bring both hands in, drawing in the fingers slightly to a grasping position.



Hears
 Cupped right hand is placed behind right ear.



Saves
 "S" hands are crossed in front of body, palms facing in. Move both hands out to the side while pivoting the palms to face outward.

Day By Day, v.1

C F7 G G7 C

1. Day by day and with each pass-ing mo-ment, Strength I find to meet my tri-als here; Trust-ing

5 F7 Dm G G7 C

in my Fa-ther's wise be-stow-ment, I've no cause for wor-ry or for fear. He whose heart is kind be-yond all

10 DM7 F G7 C

mea - sure Gives un - to each day what He deems best - Lov - ing -

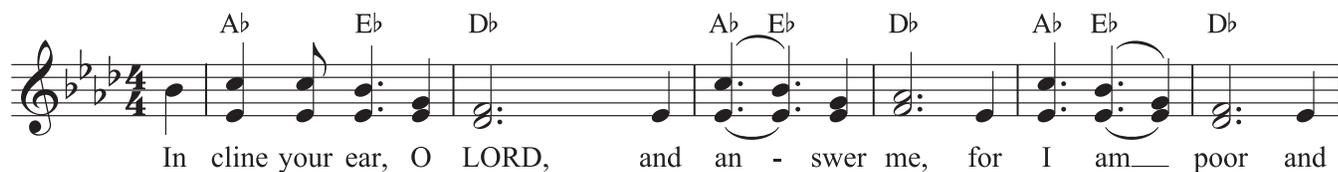
13 F G G7 C

ly, its part of pain and plea - sure, Min-gling toil with peace and rest.

Words: Caroline V. Sandell-Berg Music: Oscar Ahnfelt

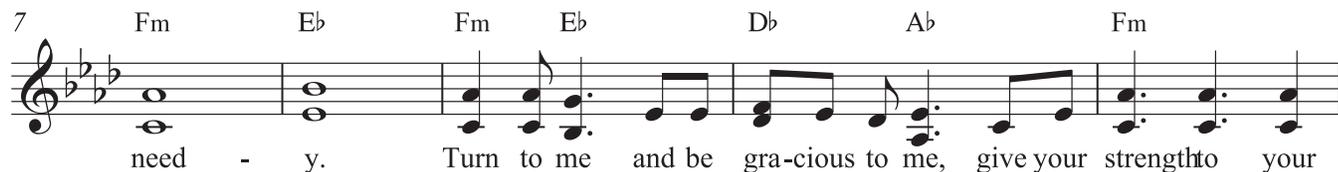
Incline Your Ear, O LORD

Ab Eb Db Ab Eb Db Ab Eb Db



Incline your ear, O LORD, and answer me, for I am poor and

7 Fm Eb Fm Eb Db Ab Fm



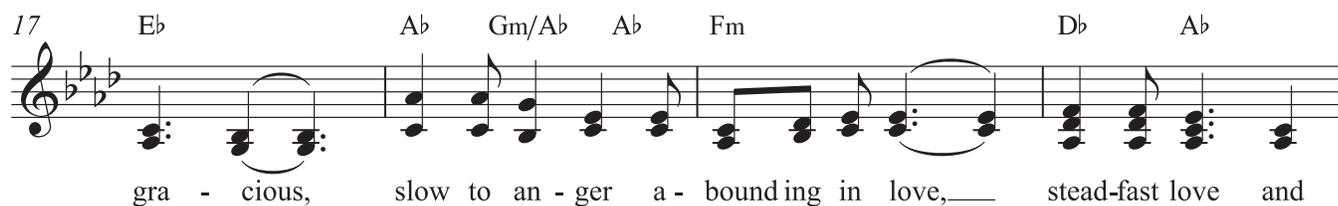
need - y. Turn to me and be gracious to me, give your strength to your

12 Eb Ab Gm/Ab Ab Fm Db Ab



servant. You, O LORD, are a God, merciful, merciful and

17 Eb Ab Gm/Ab Ab Fm Db Ab



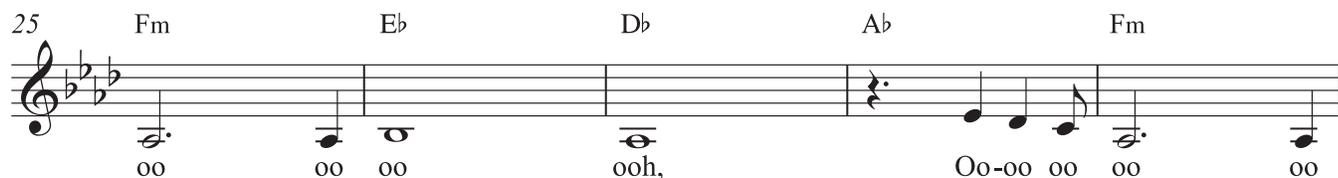
gracious, slow to anger a-bounding in love, steadfast love and

21 Eb Db Ab



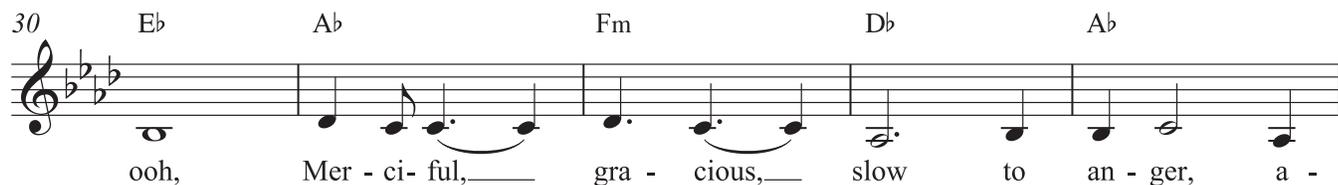
faith - ful ness, You're a God, merciful. Oo - oo oo

25 Fm Eb Db Ab Fm



oo oo oo ooh, Oo-oo oo oo oo

30 Eb Ab Fm Db Ab



ooh, Mer - ci - ful, gracious, slow to anger, a -

35 Fm Eb Db

bound - ing in stead-fast love and faith - ful - ness.

40 Ab Gm/Ab Ab Fm Db Ab Eb

You, O LORD, are a God, mer-ci - ful, mer - ci - ful and gra - cious,

44 Ab Gm/Ab Ab Fm Db Ab Eb

slow to an - ger a - bound-ing in love, stead fast love and faith - ful ness,

48 Db Ab Fm

You're a God, mer-ci - ful. Oo - oo - oo oo oo

52 Eb Db Ab Fm

oo ooh, Oo - oo - oo oo oh

56 Eb Ab Ab(sus2) Fm Db⁹

ooh. Psalm Eigh - ty - six, one, fif - teen and six - teen.

But You, O LORD

B \flat Eb F B \flat F

But you, O LORD, are a God mer-ci-ful and gra-cious, slow to an-ger, a -

4 B \flat F B \flat Eb F B \flat

bound - ing in stead-fast love, But you, O LORD, are a God mer-ci-ful and gra-cious,

7 F F 7 F B \flat F B \flat Eb Eb

slow to an-ger, a - bound ing in faith ful ness. Yes, you are a mer - ci - ful

10 B \flat Eb Eb(add9) B \flat Eb Eb

God, gra - cious, slow to an - ger, a - bound-ing in stead - fast

14 B \flat F B \flat

love, and faith - ful - ness.

17 F B \flat

Psalm Eigh - ty - six, fif - teen.

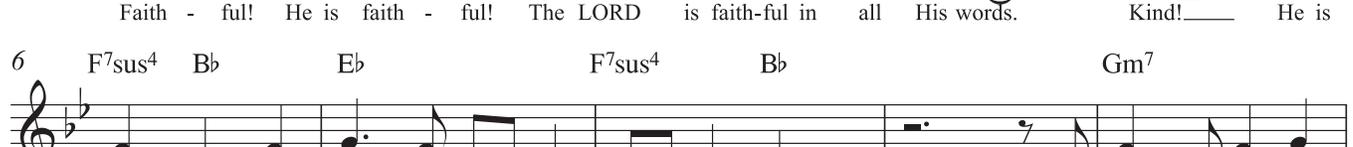
Faithful, He Is Faithful

F7 Bb F7sus Bb Eb F7 Bb



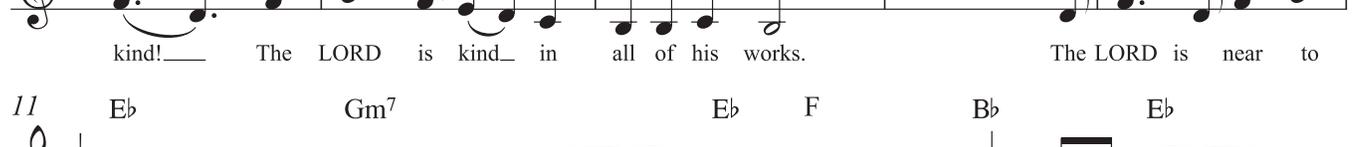
Faith - ful! He is faith - ful! The LORD is faith-ful in all His words. Kind! He is

6 F7sus4 Bb Eb F7sus4 Bb Gm7



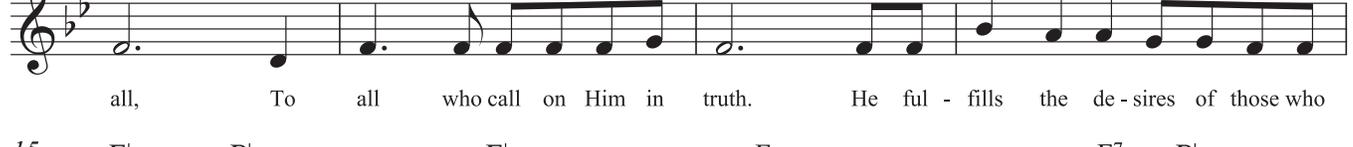
kind! The LORD is kind in all of his works. The LORD is near to

11 Eb Gm7 Eb F Bb Eb



all, To all who call on Him in truth. He ful - fills the de - sires of those who

15 Eb Bb Eb F F7 Bb



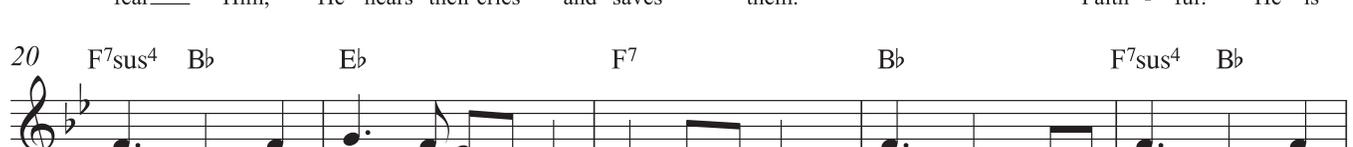
fear Him, He hears their cries and saves them. Faith - ful! He is

20 F7sus4 Bb Eb F7 Bb F7sus4 Bb



faith - ful! The LORD is faith-ful in all His words. Kind! He is kind! The

25 Eb F7sus4 Bb Dm Eb F7sus4 Bb



LORD is kind in all of his works. Psalm One For - ty-Five, thir-teen through nine-teen.

Words: adapted from Psalm 145:13,18,19 ESV Music: Constance Dever ©2012