

Trust and Obey

Verse 1

When we walk with the Lord
In the light of His Word
What a glory He sheds on our way!
Let us do His good will;
He abides with us still,
And with all who will trust and obey.

Refrain

Trust and obey,
for there's no other way
To be happy in Jesus,
but to trust and obey.

about this hymn:

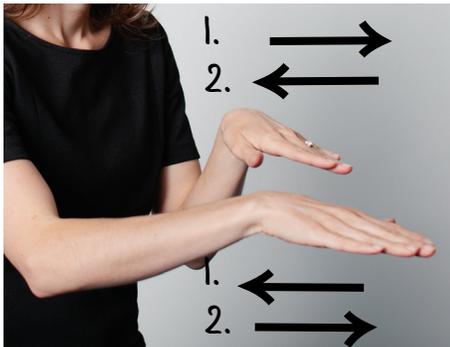
Long ago, a man named John Sammis was thinking about this Bible truth, too. He wrote the words to a hymn called "Trust and Obey." We're going to learn a verse from it.

Words: John H. Sammis Music: Daniel B. Towner

God's people read the Bible so that they can "walk in the light of His Word", living their life in loving obedience to Him. There are times when they may not understand completely why they should obey what God's Word says, but they have known God long enough to trust Him, even when they don't understand. They know that He is perfectly wise and good. He loves them and knows what is best. They know that they glorify Him when they live this way; and, that this is the happiest way to live.

Trust and Obey, v.1

PFI ESV Songs 12, Track 29



Walk
Right flat hand is placed in front of left, flat hand, both palms facing down. Hands alternate move back and forth.



Word
Left middle finger touches right palm, then right middle finger touches left palm. Bring flat hands are held together, palms touching and fingertips pointing forward, then opened with the little fingers still touching as if opening a book. (Signs for Jesus + book).



Way
Flat hands, palms facing each other, move forward and progressively closer.



Do
Move open hands, palms down side to side at the same time.



Abides
Tip of right "A" hand is placed behind left "A" hand, knuckles facing forward. Move both hands forward in unison.



Trust
Right index finger is crossed over the top of the left index finger, palms facing down. Both hands are moved down a short distance.



Obey
Hold both "A" hands at head, palms facing in. Then bring both hands forward, ending with them in the flat-hand position, palms facing up.



Happy
Both flat hands are moved in a forward circular motion with palms brushing chest on the inward portion of the circle.



Jesus
Middle, bent finger of right "5" hand touches middle of left open palm, palms facing each other. Then middle, bent finger of left "5" hand touches middle of right open palm, palms facing each other.

I Have Stored Up Your Word

I have stored up your word in my heart,
That I might not sin against you,
I have hidden your word in my heart,
That I might not sin against you.

I'll meditate on your precepts,
And fix my eyes on your ways.
I'll delight in your statutes,
I will not forget your word,

I have stored up your word in my heart,
That I might not sin against you,
I have hidden your word in my heart,
That I might not sin against you.
Psalm One-nineteen, eleven through sixteen.

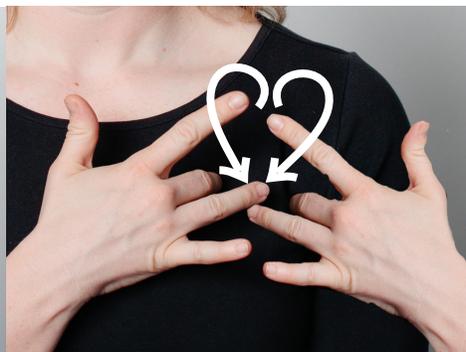
about this Bible verse:

Words: adapted from Psalm 119:11,15-16 NIV 1984 Music: Constance Dever ©2011

God's people delight in God's Word, the Bible. It is full of God's precepts and statutes (His good laws). It tells of His ways (what God is like). They meditate on God's Word ((think about); and, even hide it in their hearts (memorize it) so that they might not sin against God. They know that God's Word is not just true. It is powerful to change them to be more like Jesus. They don't want to neglect it, because they want to know God and please Him more than anything else in life.

I Have Stored Up Your Word: Psalm 119:11,15-16

PFI ESV Songs 12, Track 30



Stored Up
Fingers of right "V" hand are placed on back of closed left hand, both palms facing in.

Word
Left middle finger touches right palm, then right middle finger touches left palm. Bring flat hands are held together, palms touching and fingertips pointing forward, then opened with the little fingers still touching as if opening a book. (Signs for Jesus + book).

Heart
Middle fingers are used to traced out the shape of a heart on upper left chest.



Sin
Both "X" hands, held near sides with palms facing up, move upward and outward in circles simultaneously.

Meditate
Make down and outward circles with the index finger of each hand near sides of forehead, palms facing in.

Precepts, Statutes
Right "L" hand slides down the left hand, palms facing each other, fingers pointed up and out.



Ways
Flat hands, palms facing each other, move forward and progressively closer.

Delight
Both flat hands are moved in a forward circular motion with palms brushing chest on the inward portion of the circle.

Forget
Right open hand, palm on head and fingers pointed left, is wiped across forehead from left to right. End with right "A" hand near right temple.

Trust and Obey, v.1

C G⁷ C G G⁷ C F C G C



1. When we walk with the Lord In the light of His Word, What a glo - ry He sheds on our way! While we
2. Not a bur - den we bear, Not a sor - row we share, But our toil He doth rich - ly re - pay; Not a

8 G⁷ C G G⁷ C F C G⁷ C G



do His good will; He a - bides with us still, And with all who will trust and o - bey. Trust and o -
grief or a loss, Not a frown or a cross, But is blest if we trust and o - bey.

16 C C⁷ A Dm G⁷ C G⁷ C



bey, for there's no oth - er way, To be hap - py in Je - sus, But to trust and o - bey.

Words: Daniel B. Towner Music: John H. Sammis

I Have Stored Up Your Word

I have stored up your word in my heart that I might not sin a-against you. I have
 stored up your word, in my heart that I might not sin a-against you. I'll me - di-tate on your
 pre - cepts and fix my eyes on your ways. I'll de - light in your sta - tutes; I will
 not for - get your word. I have stored up your word in my heart that I might not sin a-against
 you. I have stored up your word, in my heart that I might not sin a-against
 you. Psalm One - nine teen, e - le - ven through six - teen.

Words: adapted from Psalm 119:11,15-16 ESV Music: Constance Dever ©2012