

## The Sands of Time Are Sinking

### Verse 1

The sands of time are sinking,  
The dawn of Heaven breaks,  
The summer morn I've sighed for,  
The fair, sweet morn awakes;  
Dark, dark hath been the midnight,  
But dayspring is at hand.  
And glory, glory dwelleth,  
In Immanuel's land.

### Verse 2

The King, there in his beauty,  
Without a veil is seen,  
It were a well-spent journey,  
Though sev'n deaths lay  
between;  
The Lamb with his fair army,  
Doth mercy doth expand,  
And glory, glory dwelleth,  
In Immanuel's land.

### Verse 3

O Christ, He is the fountain,  
The deep, deep well of love,  
The streams of earth I've tasted,  
More deep I'll drink above,  
There to an ocean fullness,  
His mercy doth expand,  
And glory, glory dwelleth,  
In Immanuel's land.

### Verse 4

With mercy and with judgment,  
My web of time He wove,  
And aye the dews of sorrow,  
Were lusted with His love,  
I'll bless the hand that guideth,  
I'll bless the heart that planned,  
When throned where glory  
dwelleth,  
In Immanuel's land.

about this hymn:

Long ago, a woman named Anne Cousins was thinking about this Bible truth, too. She wrote the words to a hymn called "The Sands of Time Are Sinking." We're going to learn some of it.

Words: Anne R. Cousin Music : Constance Dever ©2012

People used to tell time with a hourglass. It would take exactly one hour for the sand to sink from the top of the glass to the bottom. God's people know that the sands of time are sinking...that the day when they will go to live at home with God in heaven is coming closer and closer. They will live out every day of their life, according to God's perfectly good plan. Then, they will go to be with Him in heaven. God's people are so excited for the day when they will live with God forever! At last they will get to see Him, their King, who gave up His life as the "Lamb of God"--the perfect sacrifice for their sins. Life here on earth may be difficult sometimes. There may be times of sorrow. But God's people trust in God's good plan for them every day they live here on earth; and, they happily look forward to getting to live in heaven--the glorious Land of Immanuel, which means God with us. There, they will at last live at home with their God... and there's no place as wonderful as home, especially this home.

**The Sands of Time Are Sinking, verse 1**

**PFI ESV Songs 12, Track 46**



**Time**

Rotate thumb of right "T" hand in a clockwise circle on left flat palm, fingers pointing up, palm facing out.



**Sinking**

Little finger of right flat hand is brought down firmly at a right angle onto left palm.



**Heaven**

At head level, Right flat hand, palm facing down, makes a forward circle around left flat hand, palm facing down. Then both hands move out to each side while simultaneously changing them into bend hands.



**Morn**

Left flat hand, palm facing body, is placed in crook of right arm. Right flat hand, palm facing up and fingers pointing forward, starts out horizontal to the ground, then is brought up and back towards body in an arc.



**Midnight**

Right "B" hand points downward. The left open hand, fingers together and palm facing down, is held horizontally to body with the little finger edge resting against the right arm near the crook of the elbow.



**Dayspring**

Fingertips of left flat hand rest in crook of right arm. Cupped right hand begins in front of left arm then is lifted up, mimicking the rising sun.



**Glory**

Middle finger of right hand touches upturned left flat hand, then is wiggled back and forth as it is raised up.



**Dwelleth**

Upturned thumbs of "A" hands move upward in front of chest in unison.



**Land**

Palm of right flat hand is moved in a counterclockwise motion on the underside of the left forearm near the elbow.

**The Sands of Time Are Sinking, verse 2**

PFI ESV Songs 12, Track 47



**King**

Side of right index finger moves along side of left index finger of left "H" hand, palm facing right.



**Beauty**

Fingertips of right "and" hand are placed on the chin, then open up fingers and make a counter-clockwise circle around the face.



**Veil**

Right open hand, palm facing in and fingertips pointing up, is passed across the face until fingertips point left.



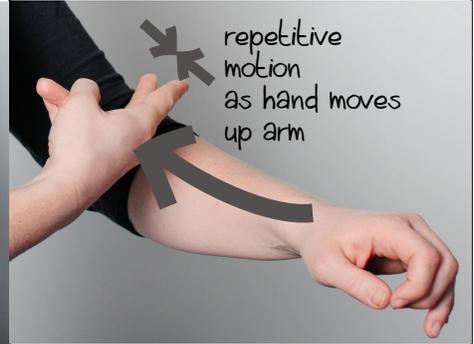
**Journey**

Fingers of right curved "V", palm facing down and fingers facing forward, move forward in a windy motion, imitating walking down a winding road.



**Deaths**

Hold both flat hands in front of body with fingertips pointing forward, right flat hand palm up and left flat hand palm down. Flip both over towards the left until the right palm is face down and the left palm is face up.



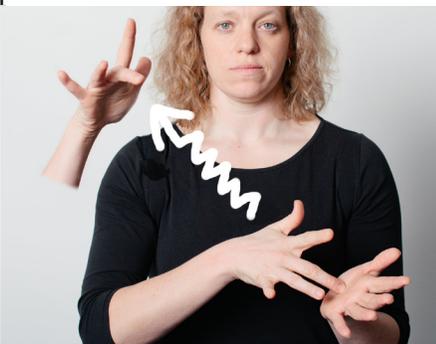
**Lamb**

Back of right "V" hand is placed on back of left forearm. Open and close right "V" fingers as they move up left forearm.



**Stand**

Both flat hands, palms facing up, are lifted up simultaneously to about shoulder height.



**Glory**

Middle finger of right hand touches up-turned left flat hand, then is wiggled back and forth as it is raised up.



**Land**

Palm of right flat hand is moved in a counter-clockwise motion on the underside of the left forearm near the elbow.

**The Sands of Time Are Sinking, verse 3**

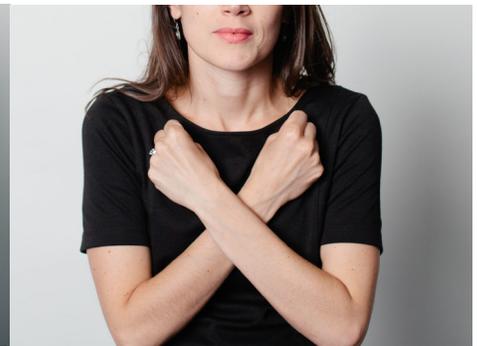
PFI ESV Songs 12, Track 48



**Christ**  
Right "C" hand is placed at right shoulder then moved down across chest, ending at right hip.



**Fountain**  
Touch mouth with index finger of right W hand. Then place the curved right hand, palm facing body and fingers pointing up, in palm of curved left hand. Move the right hand up through left hand, pivoting hand until fingers face forward, spreading finger out as you end movement.



**Love**  
Fists are crossed on chest, palms facing body.



**Earth**  
Thumb and index fingers of downturned right "5" hand are placed on sides of downturned "5" hand. The right hand pivots back and forth while keeping light contact with left hand.



**Above**  
Make a counterclockwise circle with right flat palm over left flat hand.



**Ocean**  
Touch mouth with index finger of right W hand a couple times (sign for water); Then move both hands forward in wavy motion.



**Mercy**  
Right flat hand, palm facing body, starts over heart, then circles around the left flat hand, also palm facing body, which is held a short distance from chest.



**Glory**  
Middle finger of right hand touches upturned left flat hand, then is wiggled back and forth as it is raised up.



**Land**  
Palm of right flat hand is moved in a counterclockwise motion on the underside of the left forearm near the elbow.

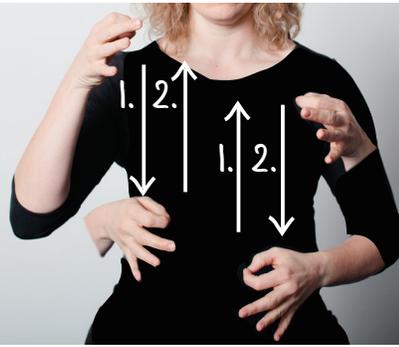
**The Sands of Time Are Sinking, verse 4**

**PFI ESV Songs 12, Track 41**



**Mercy**

Right flat hand, palm facing body, starts over heart, then circles around the left flat hand, also palm facing body, which is held a short distance from chest.



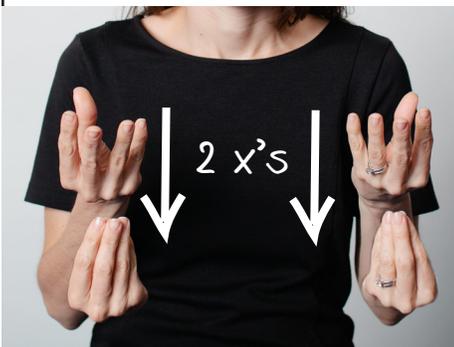
**Judgment**

Both "F" hands are held at side, fingers pointing forward. They alternate moving up and down a few times.



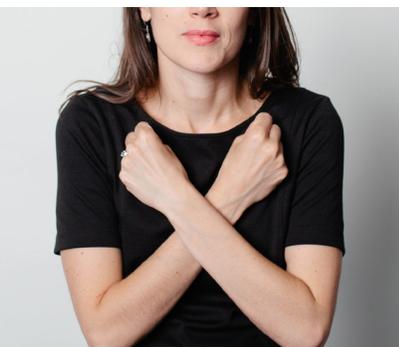
**Time**

Rotate thumb of right "T" hand in a clockwise circle on left flat palm, fingers pointing up, palm facing out.



**Dews**

Fingers of both hands are spread slightly apart and held up in front of chest. The fingers close together as both hands are brought down a short distance several times.



**Love**

Fists are crossed on chest, palms facing body.



**Hand**

Hold up right hand, palm facing out, fingers pointing up.



**Heart**

Middle fingers are used to traced out the shape of a heart on upper left chest.



**Glory**

Middle finger of right hand touches up-turned left flat hand, then is wiggled back and forth as it is raised up.



**Land**

Palm of right flat hand is moved in a counterclockwise motion on the underside of the left forearm near the elbow.

## Many Walk as Enemies

Many walk as enemies of the cross of Christ,  
Many walk as enemies of the cross of Christ,  
Their end is destruction,  
With minds set on earthly things,  
Minds set on earthly things.

*But what about God's people?*

But our citizenship is in heav'n,  
Yes, our citizenship is in heav'n,  
And we await, we await,  
A Savior from it.  
Philippians Three, eighteen through twenty.

about this Bible verse:

Words: adapted from Philippians 3:18-20 ESV Music: Constance Dever ©2011

All of us are sinners. We have all chosen to live life our own way, instead of God's good way. We deserve God's punishment, not eternal life with Him. But God sent His Son, Jesus, to save sinners like us. He took the punishment for sins when He died on the cross. On the third day, He rose from the dead in victory. Now all who turn away from their sins and trust in Him as their Savior are forgiven their sins. They belong to God. No longer are they people who belong in this world. They are citizens of heaven--that's where their home is. And one day, either they will die to go to live with Him; or, Jesus will come back and take them home, Himself. Oh, how wonderful that will be! God's people eagerly await for that day to come. No more sin and death! Such wonderful closeness with God always! Until that day, God's people will go on telling others the good news of Jesus. They don't want anyone to remain an enemy of the cross of Christ and face God's punishment. They want them to repent and receive eternal life.

**Many Walk as Enemies: Philippians 3:18-20, ESV**

**PFI ESV Songs 12, Track 50**



**Walk**  
 Right flat hand is placed in front of left flat hand, both palms facing down. Hands alternate move back and forth.

**Cross**  
 Right "C" hand moves horizontally from left to right, then up and down. (Tracing out the two beams of wood of the cross.)

**Christ**  
 Right "C" hand is placed at right shoulder then moved down across chest, ending at right hip.



**Destruction**  
 Both "5" hands are held at up at side, right palm facing down and left palm facing up. Both hands close into "S" hands as they are brought in towards middle of the chest and crossed, then moved back out to each side of the body.

**Earthly**  
 Thumb and index fingers of downturned right "5" hand are placed on sides of downturned "S" hand. The right hand pivots back and forth while keeping light contact with left hand.

**Citizenship (Home)**  
 Place fingertips of right hand at near chin moving toward the cheek with a slightly curved hand.



**Heaven**  
 Index and middle finger of right "N" hand are brought down to rest on index and middle finger of left "N" hand. Both sets of fingers are pointing outward diagonally.

**Await**  
 Both curved open hands are held palms facing up in front of body, right hand behind left hand. Wiggle all fingers.

**Savior**  
 "S" hands are crossed in front of body, palms facing in. Move both hands out to the side while pivoting the palms to face outward. Then both flat hands, palms facing each other make downward motion down sides of body.

## You Were Publicly Exposed

You were publicly exposed,  
To reproach and affliction.  
You had compassion on those in prison,  
You joyfully accepted,  
Plundering of your property.

*Why?*

Since you knew that you, yourselves,  
Had a better, an abiding possession,  
Since you knew that you, yourselves,  
Had a better possession.

Therefore, do not throw away your confidence;  
Which as a great reward.  
You need endurance so that when you've  
done the will of God.  
You may receive what is promised.  
Hebrews Chapter Ten, thirty-two through six.

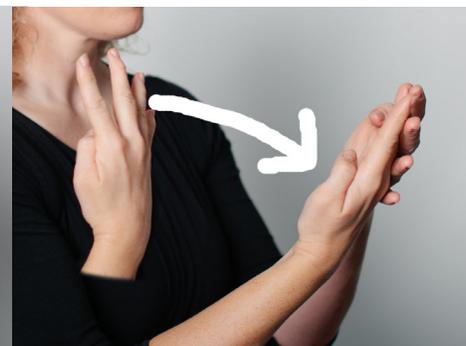
about this Bible verse:

Words: adapted from Hebrews 10:32-36 ESV Music: Constance Dever ©2011

Sometimes God's people have to suffer terrible things because they believe in Jesus. Sometimes, they have even had their home and all of their possessions (things) taken from them. How awful! But, God's people know that as wonderful are the things they enjoy in this world, these things are nothing compared to what awaits for them in heaven. God has promised to reward them with things that are so good that they can't even be imagined. Best of all, will be living close to God in the depths of His love. Not only will all of this be far better than anything they know here on earth; but, these will never, ever end. They will abide forever. That's why God's people can even endure this kind of hard thing with confidence. They are waiting for their wonderful home in heaven.

**You Were Publicly Exposed: Hebrews 10:32-36, ESV**

**PFI ESV Songs 12, Track 51**



**Exposed**  
Right index finger is placed in left palm which is facing forward. Both hands move forward together.

**Affliction**  
Index fingers are thrust towards each other several times until almost touching.

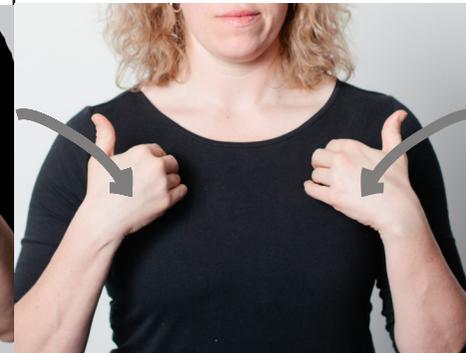
**Prison**  
Right "B" hand with open fingers pointing up, palm facing in, is brought forward and down to rest on open fingers of left hand, palm facing in and fingers pointed right. Simulates prison bars.



**Joyfully**  
Both flat hands are moved in a forward circular motion with palms brushing chest on the inward portion of the circle.

**Property**  
Thumb and fingers of both hands, palms facing up, are moved back and forth over each other, as if feeling imaginary soil in each hand.

**Knew**  
Pat forehead with right fingers several times.



**Abiding**  
Touch lips with fingers of right flat hand; then, close hand into an "A" shape as you move it up and to the right side of head.

**Abiding**  
Tip of right "A" hand is placed behind left "A" hand, knuckles facing forward. Move both hands forward in unison.

**Possession**  
Fingertips of both bend hands are placed on chest.

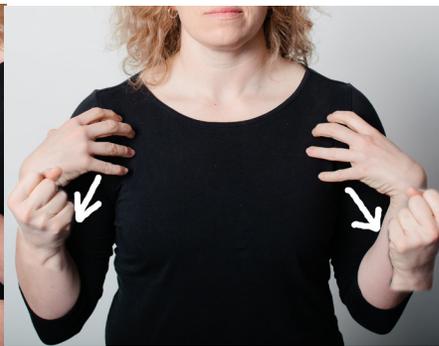
**You Were Publicly Exposed: Hebrews 10:32-36, ESV**

**PFI ESV Songs 12, Track 51**



**Throw Away**

"S" hands, palms facing each other, make simultaneous downward motion as if discarding something.



**Confidence**

Touch chest below shoulders with fingertips of both open hands. Then move hands forward forcefully, changing them into "S" hands.



**Reward**

Both modified "Z" hands are held at chest, then brought down and forward, as if giving something to someone.



**Endurance**

Thumb of right "A" hand is pivoted back and forth on chin.



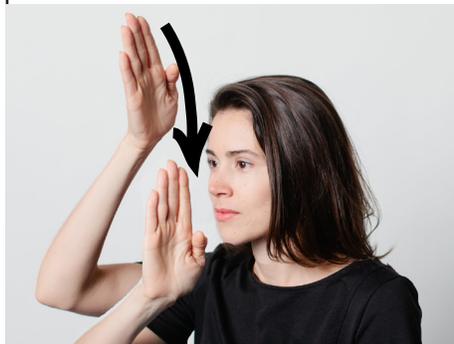
**Done**

Move open hands, palms down side to side at the same time.



**Will**

Fingertips of right "V" hand are placed in palm of left flat hand which palm is facing right and fingertips facing forward. Fingertips of right "V" hand are then lifted from left palm, pivoted clockwise then placed back down on left palm.



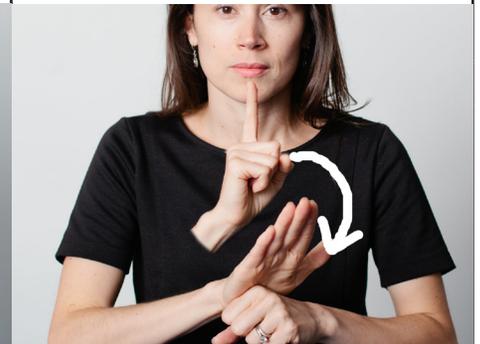
**God**

Right open hand, palm facing left, is held up above head level then brought down and back in a slight arc, ending with a "B" hand at the upper chest level.



**Receive**

Open hands, palms, facing body, are held away from chest, right hand over the left. Both hands are brought towards body, ending with "S" hands, with pinky side of right hand resting on top of index-thumb side of left hand.



**Promised**

Touch lips with right index finger; then move flat right hand down and slap it against the thumb and index finger side of the closed left hand.

**The Sands of Time Are Sinking, vs.1-4**

C Am C F C Am F G(sus4) G C Am C

1.The sands of time are sink - ing, the dawn of Hea - ven breaks, The sum - mer morn I've  
 2.The King there in his beau - ty, with - out a veil is seen. It were a well spent  
 3.O Christ, He is the foun - tain, the deep, deep well of love, The streams on earth I've  
 4.With mer - cy and with judg - ment my web of time He wove, And aye the dews of  
 5.Oh! I am my Be - lov - ed's and my Be - lov - ed's mine! He brings a poor, vile  
 6.The bride eyes not her gar - ments, but her dear Bride groom's face, I will not gaze at

6 F C Am F G F G C G Am

sighed for, the fair sweet morn a - wakes; Dark, dark hath been the mid - night, but  
 jour - ney though sev'n deaths lay be - tween; The Lamb with his fair ar - my, Doth  
 tast - ed, more deep I'll drink a - bove, There to an o - cean full - ness, His  
 sor - row were lus - tred with his love, I'll bless the hand that guid - ed, I'll  
 sin - ner in - to his "house of wine," I stand up - on his mer - it, I  
 glo - ry but on my King of Grace: Not at the crown he giv - eth, But

11 F G Am C F G C G Am F C G7 C(sus4) C

day - spring is at hand. And glo - ry, glo - ry dwel - leth in Im - man uel's land.  
 on Mount Zi - on stand, And glo - ry, glo - ry dwel - leth in Im - man uel's land.  
 mer - cy doth ex - and, And glo - ry, glo - ry dwel - leth, in Im - man uel's land.  
 bless the heart that planned, When throned where glo - ry dwel leth, in Im - man uel's land.  
 know no oth - er stand, Not e'en where glo - ry dwel - leth, in Im - man uel's land.  
 on his pier - ced hand; The Lamb is all the glo - ry of Im - man uel's land.

Words: Anne R. Cousin Music: Constance Dever ©2012

### Many Walk as Enemies

The musical score is written in treble clef with a key signature of one sharp (F#) and a 3/4 time signature. It consists of five staves of music with lyrics underneath. Chord symbols are placed above the notes. The lyrics are: "Ma-ny walk as e - ne-mies of the cross of Christ, Ma - ny walk as e - ne-mies of the cross of Christ, Their end is de - struc-tion, with minds set on earth - ly things, minds set on earth - ly things. But what about God's people? But our ci-ti-zen-ship is in heav'n Yes, our ci-ti-zen-ship is in heav'n, And we a-wait, we a-wait, a-wait a Sav - ior from it. Phi - lip - pi - ans\_ Three, eigh - teen thru' twen - ty."

Words: adapted from Philippians 3:18,19,20 Music: Constance Dever ©2012

**You Were Publicly Exposed**

Dm Gm Dm Gm A B<sup>b</sup>

You were pu - blic-ly ex - posed to re proach and af - flic tion, —

5 Gm Dm A

— You had com - pas - sion on those in pri-son, you joy-ful - ly ac-cept ed

9 Dm Gm Dm

plun-der-ing of your pro-per - ty. Why? Since you knew that you your - selves, had a

13 Gm A B<sup>b</sup> Dm Gm

bet ter, an a - bi - ding pos - ses sion, Since you knew that you your -

17 Dm B<sup>b</sup> A Dm

selves had a bet-ter po-ses - sion. There - fore... Do not throw a - way your

21 Dm Gm A Dm

con - fi - dence; which has a great re - ward. — You need en - du - rance so that when you've

25 Gm A Dm

done the will of God. You may re - ceive what is pro - mised.

28 A B<sup>b</sup> A Dm

He - brews Chap - ter Ten, thir - ty - two thro' six.

Words: adapted from Hebrews 10:32-36 ESV Music: Constance Dever ©2012