

Sweet Hour of Prayer

Verse 1

Sweet hour of prayer, sweet hour of prayer,
That calls me from a world of care
And bids me at my Father's throne
Make all my wants and wishes known!
In seasons of distress and grief,
My soul has often found relief,
And oft escaped the tempter's snare
By thy return, sweet hour of prayer.

about this hymn:

Words: William Walford Music: William B. Bradbury

Long ago, a man named William Walford was thinking about this Bible truth, too. He wrote the words to a hymn called "Sweet Hour of Prayer." We're going to learn a verse from it.

God's people know that they don't have the strength to face the hard things of this world alone. Many sad things, many scary things, many tempting things may come their way. When they do, it is easy to feel overwhelmed. The temptation to turn away from God and do things their own way may be strong. But, God's people know who to go to receive the strength they need. They pray to their Heavenly Father who loves them so much! They tell Him all their problems. They ask for His help. He comforts them and gives them what they need to keep trusting in Him and to turn away from the temptation to sin.

Sweet Hour of Prayer

PFI ESV Songs 12, Track 34



Sweet

Fingertips of right "U" hand, palm facing body, brushes from lips down to chin a few times.



Prayer

Hold flat hands together in pray position. If desired, can bow head, too.



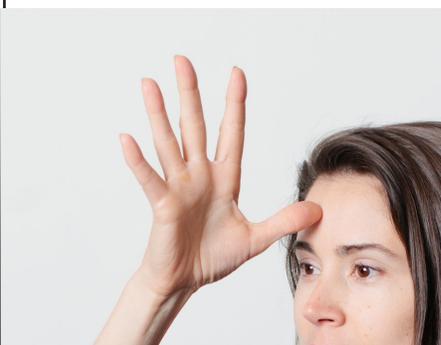
Calls, Bids

Place index finger of right "D" hand to closed lips, then pivot hand and point finger forward in a forceful motion.



Care, Distress, Grief

"5" hands, palms facing inward and middle fingers bend forward, alternate moving towards and away from chest several times.



Father's

Tap thumb of right "5" hand on forehead a few times.



Wants, Wishes

Both upturned "5" hands are held side by side in front of chest. Bring both hands in, drawing in the fingers slightly to a grasping position.



Soul

Touch the thumbs and index fingers of both "T" hands to each other, right hand above left, palms facing each other. Draw hands apart in an upward motion.



Relief

"F" hands are crossed in front of body, palms facing in. Move both hands out to the side while pivoting the palms to face outward.



Escaped

Right index finger, pointing up, is placed between the middle and ring finger of the left hand, palm down and fingers pointing forward. The right index finger is moved out and to the right.

No Temptation

No temptation has overtaken you,
That is not,
Common to man,
God is faithful,
He will not let you be,
Tempted beyond,
Your ability,
But with the temptation
He will also provide,
The way of escape,
So that you might be able to endure it.
First Corinthians Chapter Ten, verse thirteen.

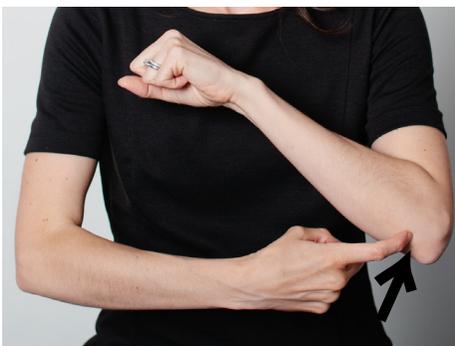
about this Bible verse:

Words: adapted from 1 Corinthians 10:13 ESV Music: Constance Dever ©2011

God's people will face temptations to sin every day. Their temptations are common to man--that is, they will be tempted to sin against God, just like every human. But, God's people can be encouraged that God is always there to help them say "no." He promises that will never let them be tempted more than they can bear. With any temptation they face, He promises to be with them. He promises to provide a way of escape so they can endure the temptation with sinning. How good, merciful and powerful is the Lord!

No Temptation: 1 Corinthians 10:13, ESV

PFI ESV Songs 12, Track 35



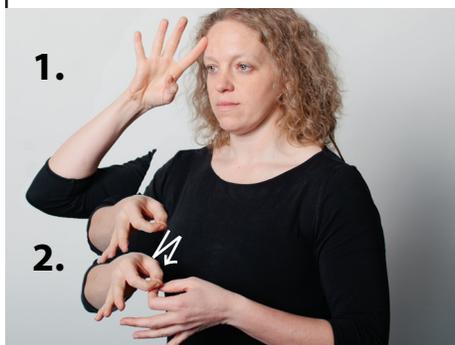
Temptation, Tempted
Index finger of curved right hand taps near left elbow as it is held closely to it.



Overtaken
Right "S" hand is placed across left "S" hand then brought over and down a bit.



Common
Downturned "Y" hands move in unison in counterclockwise circle.



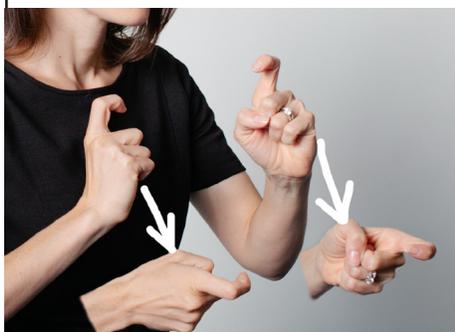
Faithful
Right index finger touches forehead. Then, right "F" hand, palm facing in, hits left "F" hand, palm facing in, in a down-up-down motion, ending with right thumb-index finger resting on left thumb-index finger.



Not
Right "A" thumb is placed under chin, palm facing left, then moved forward in an arc and pivoted until knuckles face forward.



Ability
Both "S" hands are held in front of body, palms facing down, and knuckles forward. Simultaneously move both down firmly



Provide
Both modified "Z" hands are held at chest, then brought down and forward, as if giving something to someone.



Escape
Right index finger, pointing up, is placed between the middle and ring finger of the left hand, palm down and fingers pointing forward. The right index finger is moved out and to the right.



Endure
Tip of right "A" hand is placed behind left "A" hand, knuckles facing forward. Move both hands forward in unison.

No Temptation

No temptation has overtaken you,
That is not,
Common to man,
No temptation has overtaken you,
That is not,
Common to man.
God is faithful, He'll not let you be tempted,
Let you be tempted beyond your ability,
God is faithful, He'll not let you be tempted,
Tempted beyond your ability.

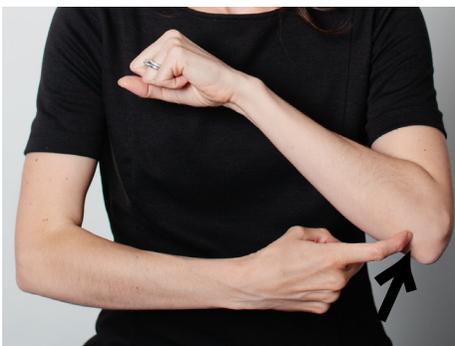
No temptation has overtaken you,
That is not,
Common to man,
No temptation has overtaken you,
That is not,
Common to man.
God will also provide the escape,
The way of escape to endure it,
God will also provide the escape,
The way of escape to endure it.
First Corinthians Chapter Ten, verse thirteen.

about this Bible verse:

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No Temptation Has Overtaken You: 1 Corinthians 10:13, PFI ESV Songs 12, Track 36



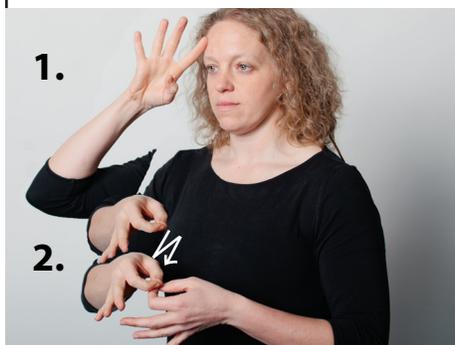
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Sweet Hour of Prayer, v.1

B \flat E \flat B \flat F B \flat F B \flat

1.Sweet hour of prayer, sweet hour of prayer, That calls me from a world of care And bids me at my
 2.Sweet hour of prayer, sweet hour of prayer, Thy wings shall my_ pe - ti - tion bear To Him whose truth and

6 E \flat B \flat F 7 B \flat F 7 B \flat F B \flat E \flat B \flat F B \flat E \flat

Fa-ther's throne Make all my wants and wish-es known! In sea-sons of dis-tress and grief, My soul has of - ten
 faith-ful - ness En-gage the wait - ing soul to bless: And since He bids me seek His face, Be - lieve His word and

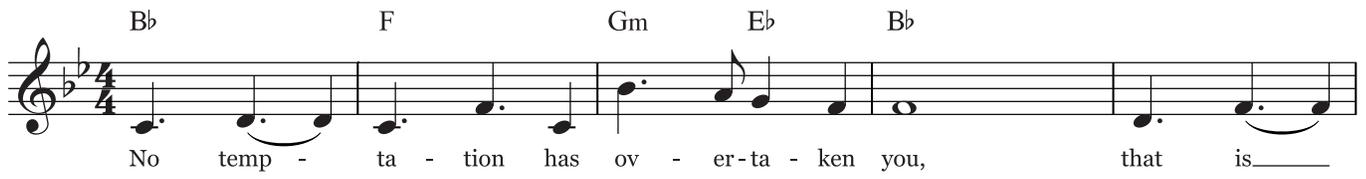
12 B \flat F B \flat E \flat B \flat F B \flat F 7 B \flat

found re - lief, And oft es-caped the tempt-er's snare By Thy re- turn, - sweet hour of prayer.
 trust His grace, I'll cast on Him my ev - 'ry care, And wait for Thee, sweet hour of prayer.

Words: William Walford Music: William B. Bradbury

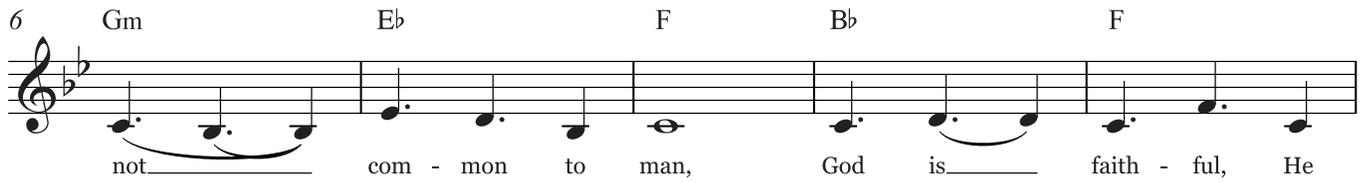
No Temptation

B \flat F Gm E \flat B \flat



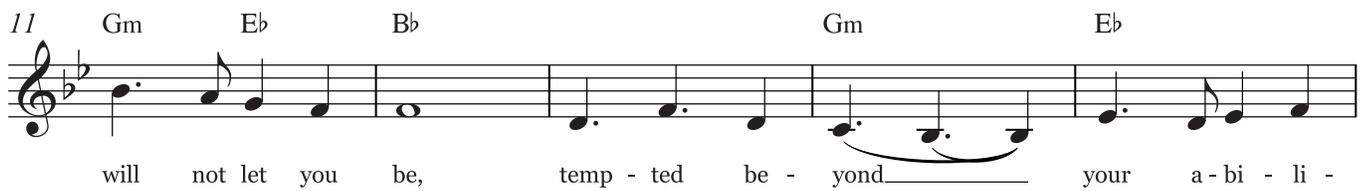
No temp - ta - tion has ov - er-ta - ken you, that is ____

6 Gm E \flat F B \flat F



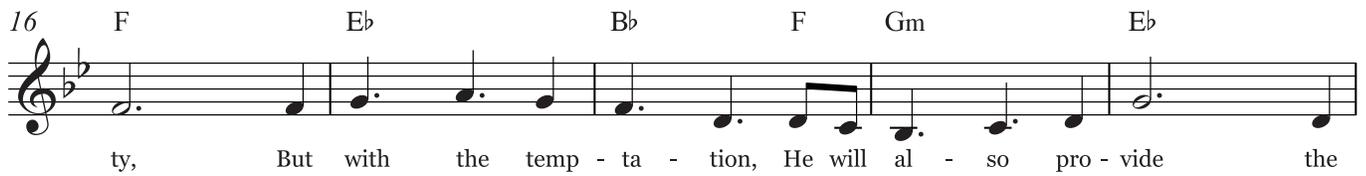
not ____ com - mon to man, God is ____ faith - ful, He

11 Gm E \flat B \flat Gm E \flat



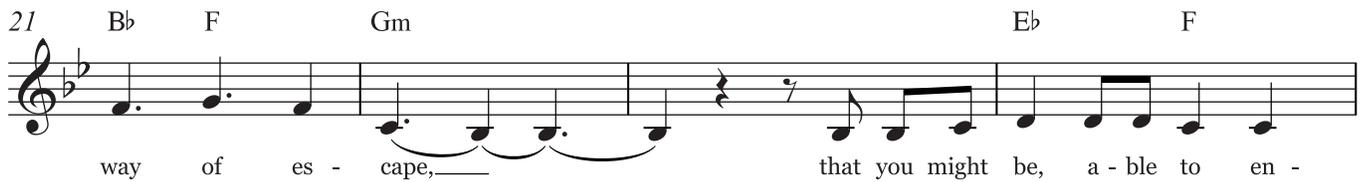
will not let you be, temp - ted be - yond ____ your a - bi - li -

16 F E \flat B \flat F Gm E \flat



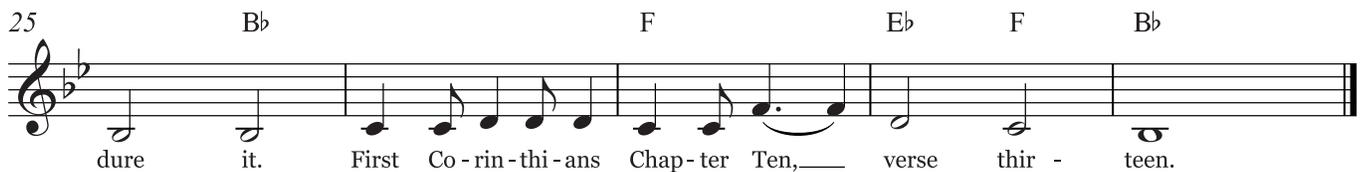
ty, But with the temp - ta - tion, He will al - so pro - vide the

21 B \flat F Gm E \flat F



way of es - cape, ____ that you might be, a - ble to en -

25 B \flat F E \flat F B \flat



dure it. First Co - rin - thi - ans Chap - ter Ten, ____ verse thir - teen.

Words: adapted from 1 Corinthians 10:13 Music: Constance Dever ©2012

No Temptation Has Overtaken You

D

No tempt - ta - tion has o - ver - ta - ken you that is not

4 D A D

com - mon to man. No tempt - ta - tion has o - ver - ta - ken you that is not

8 D⁷ D G D

com - mon to man. God is faith - ful he'll not let you be tempt - ted,

11 A A⁷ A D G

let you be tempt - ted be - yond your'a - bil - i - ty, God is faith - ful he'll not let you be

14 D A A⁷ D D

tempt - ted, tempt - ted be - yond your a - bi - li - ty. No tempt - ta - tion has

18 D A D

o - ver - ta - ken you that is not com - mon to man. No tempt - ta - tion has

22 A⁷ D G

o - ver - ta - ken you that is not com - mon to man. God will al - so pro - vide the es

26 D A A⁷ A D A D G

cape, _____ the way of es - cape, to en - dure _____ it, God will al - so pro - vide the es -

30 D A A⁷ A

cape, _____ the way of es - cape, to en

32 D A D A D

dure _____ it. First Co - rin - thi - ans Ten, thir - teen.